

# SURVIVING DIVORCE

## Surviving Divorce Retreat Program

*Helping you find Peace, Power, and Passion After Divorce*

This retreat was created to bring hope and healing to divorced and separated Catholics. Whether your divorce occurred ten days ago or ten years ago, the program offers valuable insight for everyone.

The Surviving.Divorce six-session retreat is offered at Our Lady of the Blessed Sacrament in Roseland. Through a video-based series, participants hear from counselors, theologians, and priests. Most importantly, they hear from individuals who have personally experienced the pain of divorce. Their stories help participants move from pain and loneliness toward hope and healing.

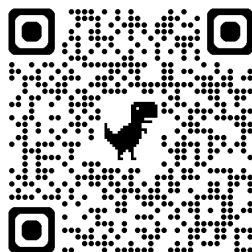
The videos cover a range of relevant topics, including shock, denial, anger, grief, guilt, forgiveness, children, annulment, and more.

### **Session Format:**

The program is held on Saturday mornings over a period of several months, from 9:30 AM to 12:30 PM. The materials fee is \$35.

**Next Scheduled Retreat Sessions:** 9/12, 9/26, 10/3, 10/17, 11/7, 11/21

For more information or questions about the program and upcoming dates, please contact the facilitators, Angela and Steven Segal, through the Our Lady of the Blessed Sacrament website under “**Ministries**” at [www.olbs.org](http://www.olbs.org), or scan the QR code below.



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